The Vyne Community School- Curriculum Map

Subject: PSHE

Half term	Year 7	Year 8	Year 9	Year 10	Year 11
HT1	**Identity, Respect and Personal Safety** Bullying and prejudice; autonomy, self-respect and resilience; human rights; self-esteem; online safety, misinformation and radicalisation.	**Digital Resilience, Media Safety and Online Influence** Social-media stress and mental health; group-chat behaviour and the law; sexting and digital sharing; knife crime, peer pressure and legal consequences.	**Preventing Extremism and Radicalisation** Bullying and discriminatory language; algorithms and dangerous subcultures; radicalisation and free speech; homelessness, public services and volunteering.	**Hate Crime, Digital Influence and Countering Hatred** Bullying and boundaries; social-media validation; hate-crime law and causes; protest, campaigning and constructive ways to challenge prejudice.	**Extremism, Misinformation and Civil Protection** Language and microaggressions; ideology and extremism; misinformation and civil unrest; independent travel; stalking law; privacy and data protection.
HT2	**Healthy Relationships** Healthy and unhealthy relationships; trust and friendship; bullying and hate crime; peer pressure and polite doubt; wants, needs, taxation and public spending.	**Exploitation, Drugs and Extremism Prevention** Vulnerability to predators; cannabis, illegal vapes and alcohol; county lines and gangs; child sexual exploitation; sexting and sextortion.	**Mental Health, Options and Careers** Mental-health stigma; anxiety and resilience; sleep; healthy eating on a budget; GCSE choices, post-16 pathways and career goals.	**Digital Trauma, Social Anxiety and Preventative Health** Resilience and trigger warnings; loneliness; deepfakes and digital harm; body image and eating disorders; social anxiety; cancer awareness.	**Digital Sexual Exploitation, Intimacy, Health and Autonomy** Deepfakes, non-consensual images and sextortion; online dating and pornography; forced marriage, honour-based abuse and FGM; reproductive and cancer health; substance misuse and post-16 risk; breakups; suicide prevention; public-health choices.
HT3	**Mental and Physical Health** Diet, exercise and lifestyle; mental health and support networks; kindness and empathy; vaping, illegal drugs, addiction and consumer protection.	**Physical Health, Diversity and Identity** Healthy eating and exercise; consequences of unhealthy living; cyberbullying; self-harm and eating disorders; personal and diverse identities.	**Substance Misuse and Emergency First Aid** Safe use of medicines; illegal-drug classifications and law; vaping, smoking and alcohol; CPR, defibrillators and emergency response.	**Sexual Readiness and Reproductive Autonomy** Readiness, intoxication and consent; pornography and digital harm; contraception; abortion law and support; fertility and assisted reproduction.	
HT4	**Puberty and Emotional Literacy** Male and female puberty; periods; child-on-child abuse and coercion; bodily autonomy, FGM and disclosure; healthy and unhealthy coping.	**Consent, Sexual Relationships and Sexual Health** Sex and the law; freely given consent; healthy sexual relationships; social pressure, alcohol and drugs; contraception and condom use.	**Media, Healthy Relationships, Consent and Equality** Media representations of relationships; healthy and unhealthy behaviour; enthusiastic consent; contraception; pornography, deepfakes and digital consent law.	**Abuse, Marriage, Stalking and Family Law** Domestic abuse and coercive control; gaslighting and emotional abuse; forced marriage and civil liberties; stalking, harassment and divorce law.	**Curriculum completed** The Year 11 taught programme in this plan concludes after Week 17, ahead of the main examination period.
HT5	**Rights, Responsibilities and Social Justice** Stereotyping, prejudice and protected characteristics; Equality Act protections; budgeting; personal qualities, careers and exploitation prevention.	**Autonomy, Personal Safety and Public Health** Safety near roads, railways, buildings and water; harmful and helpful language; sleep, health and responsible risk management.	**Toxic Subcultures, Intimacy and Abuse Prevention** Misogyny and the manosphere; peer abuse and child sexual exploitation; gender equality and sexual harassment; conflict resolution and mediation.	**Work, AI, Cybercrime, Drugs and Personal Safety** Workplace rights and responsibilities; AI and future careers; cybercrime and the dark web; illegal drugs and exploitation; practical personal safety.	
HT6	**Digital Exploitation, Family Law and Consent** Online grooming and reporting; diverse families and stable relationships; romance and boundaries; age of consent; marriage, forced marriage and legal protection.	**Gender, Careers and Economic Awareness** British values; positive masculinity; sexism and equality; employability, attendance and punctuality; ambition, enterprise and money management.	**Safety, Loss and Finances** Personal safety and social pressure; grief and digital legacy; budgeting, credit and financial responsibility; scams and financial exploitation.	**Finance, Risk and Democratic Debate** Budgeting and saving; payslips, taxation and public spending; debt, consumer rights and corporate exploitation; gambling risks and advertising.	

* Please merge and split cells to fit our delivery time

** Hyperlink your schemes of work to each year group or topic (SoW should have tier 3 word and careers links).